



TONY SANCHEZ

FOUNDER / DIRECTOR

BOOKS & PRODUCTS

- WEBSITE WITH VIDEO LIBRARY, E-BOOKS, E-LEARNING
- CLASSROOM YOGA CLUB: E-BOOK FOR ELEMENTARY SCHOOL TEACHERS
- POSTERS: 84 ASANAS, CORE 26, MASTERS' CORE, 84 ASANAS: LEVEL 1
- 84 ASANAS, LEVEL 1, 2, 3 & 4 DIGITAL VIDEO & DVD ON AMAZON
- 84 ASANAS, LEVEL 1: E-BOOK
- YOGA SCIENCE BOX: ELEMENTARY GRADE CURRICULUM

AWARDS

- **2001** : Golden Apple Award, San Francisco Education Foundation, "most creative learning environment" – Rosa Parks Elementary School
- **1996** : Yoga Sport World Cup, International Yoga Federation – Brazil
- **1994** : Yoga Sport World Cup, International Yoga Federation – Argentina

TRAINING

1999 – 2002

Buddhist & Martial Qi Gong training – Master Moon

1996 – 1998

Taoist Qi Gong training – Master K.C. Mao

1980

Certification: Ghosh's College of Physical Education, Kolkata, India.

1976 – 1980

Postural yoga with Bikram Choudhury, Yoga College of India

EMPLOYMENT

2020 to Present

Founder / Director: Tony Sanchez Yoga

2011 to 2019

Founder/director: Yogic Physical Culture Academy, S. A. de C.V. – Instructor training; advanced training; online and on location yoga programs from the Ghosh lineage of postural yoga.

2005 to 2010

Yoga Director, One&Only Palmilla Spa

2004 – 2005

Yoga Director, Esperanza Spa

2000 – 2004

Principal yoga instructor, Salesforce.com headquarters

2003–2004

Principal yoga instructor, San Francisco Bay High School

1985 – 2004

Founder/Director, United States Yoga Association, a non-profit educational foundation. Projects: Production of instructional videos, posters and books. Programs instructor training, award-winning program in the San Francisco Unified School District

1985 – 2004

Principal instructor/director, San Francisco Yoga Studio

1979 – 1984

Principal instructor/director, Bikram's Yoga College of India, San Francisco